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Owen Glendon
679-5660

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CRC (DELEGATE) ......................................................................................................... Owen Glendon
CRC ACTION ................................................................................................................. Darryl K. Boyce
EDUCATION .................................................................................................................. Brenda Stonehouse
TECHNICAL, ENERGY & GOV ACTIVITIES .................................................................. Dan Shah
MEMBERSHIP ................................................................................................................. Michael Gubesch
NOMINATION .................................................................................................................. Tom Drennan
PROGRAM ...................................................................................................................... Peter Ziebart
RECEPTION ..................................................................................................................... Darryl K. Boyce
HISTORIAN ....................................................................................................................... Bert Finner
NEWSLETTER & PUBLICITY ......................................................................................... Brad Deveau
REFRIGERATION ............................................................................................................ Bill Ovington

Chapter Past Presidents

71 - 72 .................................................................................................................... Jack Vanstone
72 - 73 .................................................................................................................... Cliff R. Morrison
73 - 74 .................................................................................................................... John Bisset
74 - 75 .................................................................................................................... Russ A. Gander
75 - 76 .................................................................................................................... Jack Henderson
76 - 77 .................................................................................................................... Wayne Barker
77 - 78 .................................................................................................................... John J. Payne
78 - 79 .................................................................................................................... Bill Mitchell
79 - 80 .................................................................................................................... Chuck Sharp
80 - 81 .................................................................................................................... Bill Rushford
81 - 82 .................................................................................................................... John J. Payne
82 - 83 .................................................................................................................... Richard D. Palmer
83 - 84 .................................................................................................................... Walter Lucas
84 - 85 .................................................................................................................... Ronald E. Grainger
85 - 86 .................................................................................................................... Donald M. R. Johnson
86 - 87 .................................................................................................................... John Kenny
87 - 88 .................................................................................................................... Peter Golem
88 - 89 .................................................................................................................... Charles Clerance
89 - 90 .................................................................................................................... Greg James
90 - 91 .................................................................................................................... Tom Drennan Dr.
91 - 92 .................................................................................................................... Darryl K. Boyce

Newsletter
London Canada Chapter
American Society of Heating, Refrigerating and Air Conditioning Engineers Inc.
521 Colborne Street, London, Ontario

MAY MEETING

HIGHLAND COUNTRY CLUB LTD.
279 Commissioners Road East
London, Ontario

Monday, May 31, 1993
Social Hour & Tech. Session - 5:30 PM
Dinner - 6:30 PM

Guest: Dr. Rose Marie Jaco
Associate Professor
Department of Social Work
King's College
University of Western Ontario

Topic: Stress Management
Thanks to all those who participated in our Phonothon to raise money for ASHRAE Research and Discuss Chapter Activities.

Of the 49 area assigned members that could be reached, 25 made personal contributions. Those individuals were: Herman Asuncion, John Bisset, Darryl Boyce, Ron Brinnell, Joseph Cieslaessens, Charles Clelance, Neill Courneyea, Matthew Cy Ma, Brad Deneau, Kirk Flowers, Owen Glendon, Ronald Granger, Jeff Hayward, Grant Hilliard, Don Johnson, Cyril Mayo, Derek Macartney, David McCormick, Cliff Morrison, Kristine Norris, Bill Ovington, Michael Palmer, Ewart Roberts, Bill Rutherford, Linda Rutherford. For those who could not be reached, Darryl Boyce is still humbly accepting contributions.

We were also pleased with the constructive responses to our questions on Chapter activities. Generally we felt:

1) The Highland venue is appropriate, food acceptable/good and Monday Nights are suitable.
2) Chapter membership dues are reasonable, but many would support higher rates to supplement increased Chapter activity (e.g. pay for speakers).
3) The newsletter was sufficiently informative, though it could be made easier for those with cumbersome Inner office mail systems.
4) The meeting program was good with more emphasis on new technology.

Specifically, some suggestions were:
1) Reevaluate need for spouses night.
2) Schedule more building/facility tours.
3) Speaker topics - atomic energy power generation - smoke evaluation - cogeneration enhancements - industrial energy conservation - etc.
4) Bring in ASHRAE PDS Seminar to London.

All of your suggestions will be carefully reviewed by the Board of Governors. We feel confident that with your help, the quality of our program will improve. And, thanks Darryl and Brad for those hours on the phone.

PROGRAM

Guest Speaker: Dr. Rose Marie Jaco

Topic: Stress Management

That deadline is fast approaching. The telephone and fax machines both won’t quit. No time for dinner, the kids need a ride to baseball. These are your kids, aren’t they? The doctor’s told you to lose 10 pounds, but you haven’t been to the gym in three months. You have also been told to cut down on the coffee and quit smoking.

Sound all too familiar? While we can not eliminate stress from our lives, we may be able to get a better handle on it. Dr. Jaco, our guest speaker for this month’s program, will be presenting some techniques on stress management. Come out to the meeting. It should be an interesting, as well as, informative evening. This will be our last formal meeting for the 1992-93 season.

About Dr. Rose Marie Jaco

Degrees
1954 B.S.W., Social Work, St. Patrick’s College, Ottawa.
1950 B.A., University of Toronto.

Employment History
1990 - Present Private Practice in Psychotherapy and Counselling
- Associate Professor, Department of Social Work, King’s College, The University of Western Ontario.

Courses Taught:
- Introduction to Social Welfare and Social Work
- Introduction to Professional Practice
- The Helping Process
- Social Work with Individuals and Families
- Family Social Policy
- Women and Social Work Practice
- Social Work in Health Care Settings

1988-1989 Sabbatical Leave
1980-1988 Associate Professor, Department of Social Work, King’s College, The University of Western Ontario
1976-1979 Assistant Professor, Department of Social Work, King’s College.
1973-1976 Lecturer, Department of Social Work, King’s College.
1972-1973 Part-time Lecturer, Department of Social Work, King’s College.
3 Years Part-time, Department of Social Work, St. Joseph’s Hospital, London, Ontario.
3 Years Mental Health Clinic, Sudbury General Hospital, Sudbury, Ontario.
2 Years Children’s Aid Society, Lanark County, Ontario.

Academic Interests
- Family Life and Marital Education
- Suicide Prevention
- Health Care Delivery
- Voluntary Social Services.

FUTURE PROGRAMS
- London Chapter
- ASHRAE

GOLF TOURNAMENT
- Oxbow Glen Golf Course
- Monday, June 21, 1993

Golf + Dinner = $48.00
Dinner - 6:00 PM = $25.00
Tee-Off Times: 10:00 AM to 12:00 Noon (Limited Space)
For Reservations Call - Paser Enterprises 471-9382

Prize donations Welcome
Sponsored by: Don Morton Sales Ltd

RESEARCH COMMITTEE REPORT
The research promotion campaign is nearing completion. We have forwarded $4,052.00 to Atlanta and have pledges totalling $1,985.00, which would amount to a total contribution of $6,010.00. I believe that we should be able to achieve our chapter goal of $5,300.00 by June 30, 1993.

I would like to thank Brad Deneau and Owen Glendon for their support in the Phonothon. The Phonothon was a great success; we contacted 49 area members and received pledges from 22 members, for a total of $710.00.

Darryl Boyce

NOMINATIONS
Nominations for Board of Governors for ASHRAE London Chapter have been received as follows:

- PRESIDENT: Peter Zielbarg
- VICE PRESIDENT: Kirk Flowers
- SECRETARY: Grant Hilliard
- TREASURER: Brenda Stonehouse

MEMBERSHIP COMMITTEE REPORT
The local Chapter would like to welcome Mr. Mark Broughton, Mr. Peter Edmiston and Mr. Wayne Hutchinson to ASHRAE as Society Members. We here at the local Chapter extend an invitation to come out to our next Chapter meeting.

The Membership Committee thanks everyone who paid their Society and Local Chapter membership dues. A few individuals have left their dues unpaid, but overall most members are in good standing.

Mike Gubesh

DISCLAIMER
Due to overwhelming response during the Phonothon, the disclaimer clause will be discontinued.